PCRA OFFENDER SECTION

NAME:

PACTS #:

DATE:

Directions: The following items, if answered honestly, are designed to help you better understand your thinking and behavior. Please take the time to complete each of the 80 items on this inventory using the four-point scale defined below:

4 = Strongly Agree 3 = Agree 2 = Uncertain				1 = Disagree			
1.	I will allow nothing to get in the way of me getting what I want				3	2	1
2.	I find myself blaming society and external circumstances for the problems I have had in life			4	3	2	1
3.	Change can be scary	,		4	3	2	1
4.	Even though I may a remaining focused ar	start out with the best of ir nd staying "on track"	tentions I have trouble	4	3	2	1
5.	There is nothing I car	i't do if I try hard enough		4	3	2	1
6.	When pressured by life's problems I have said "the hell with it" and followed this up by using drugs or engaging in crime				3	2	1
7.	It's unsettling not kno	wing what the future holds		4	3	2	1
8.	I have found myself blaming the victims of some of my crimes by saying things like "they deserved what they got" or "they should have known better"				3	2	1
9.	One of the first things I consider in sizing up another person is whether they look strong or weak				3	2	1
10.	I occasionally think of	f things too horrible to talk al	bout	4	3	2	1
11.	I am afraid of losing r	ny mind		4	3	2	1
12.	The way I look at it, I' what I want	ve paid my dues and am the	erefore justified in taking	4	3	2	1
13.	The more I got away with crime the more I thought there was no way the police or authorities would ever catch up with me		4	3	2	1	
14.	I believe that breaking the law is no big deal as long as you don't physically hurt someone		4	3	2	1	
15.	I have helped out friends and family with money acquired illegally		4	3	2	1	
16.	I am uncritical of my thoughts and ideas to the point that I ignore the problems and difficulties associated with these plans until it is too late			4	3	2	1

4 =	Strongly	Aaree
	Subligiy	Agree

17.	It is unfair that I have been imprisoned for my crimes when bank presidents, lawyers, and politicians get away with all sorts of illegal and unethical behavior every day	4	3	2	1
18.	I find myself arguing with others over relatively trivial matters	4	3	2	1
19.	I can honestly say that the welfare of my victims was something I took into account when I committed my crimes	4	3	2	1
20.	When frustrated I find myself saying "screw it" and then engaging in some irresponsible or irrational act	4	3	2	1
21.	New challenges and situations make me nervous	4	3	2	1
22.	Even when I got caught for a crime I would convince myself that there was no way they would convict me or send me to prison	4	3	2	1
23.	I find myself taking shortcuts, even if I know these shortcuts will interfere with my ability to achieve certain long-term goals	4	3	2	1
24.	When not in control of a situation I feel weak and helpless and experience a desire to exert power over others	4	3	2	1
25.	Despite the criminal life I have led, deep down I am basically a good person	4	3	2	1
26.	I will frequently start an activity, project, or job but then never finish it		3	2	1
27.	I regularly hear voices and see visions which others do not hear or see	4	3	2	1
28.	When it's all said and done, society owes me		3	2	1
29.	I have said to myself more than once that if it wasn't for someone "snitching" on me I would have never gotten caught	4	3	2	1
30.	I tend to let things go which should probably be attended to, based on my belief that they will work themselves out	4	3	2	1
31.	I have used alcohol or drugs to eliminate fear or apprehension before committing a crime	4	3	2	1
32.	I have made mistakes in life	4	3	2	1
33.	On the streets I would tell myself I needed to rob or steal in order to continue living the life I had coming	4	3	2	1
34.	I like to be on center stage in my relationships and conversations with others, controlling things as much as possible	4	3	2	1
35.	When questioned about my motives for engaging in crime, I have justified my behavior by pointing out how hard my life has been	4	3	2	1

4	4 = Strongly Agree 3 = Agree 2 = Uncertain			1 = Disagree			
36.	I have trouble followir	ng through on good initial inte	entions	4	3	2	1
37.	I find myself expressing tender feelings toward animals or little children in order to make myself feel better after committing a crime or engaging in irresponsible behavior			4	3	2	1
38.	There have been time	es in my life when I felt I was	above the law	4	3	2	1
39.	It seems that I have t	rouble concentrating on the	simplest of tasks	4	3	2	1
40.	I tend to act impulsive	ely under stress		4	3	2	1
41.	Why should I be mad when it is so easy to	le to appear worthless in fro take from others	nt of friends and family	4	3	2	1
42.	I have often not tried	something out of fear that I r	night fail	4	3	2	1
43.	I tend to put off until t	omorrow what should have b	been done today	4	3	2	1
44.	Although I have always realized that I might get caught for a crime, I would tell myself that there was "no way they would catch me this time"				3	2	1
45.	I have justified selling drugs, burglarizing homes, or robbing banks by telling myself that if I didn't do it someone else would				3	2	1
46.	I find it difficult to commit myself to something I am not sure of because of fear				3	2	1
47.	People have difficulty understanding me because I tend to jump around from subject to subject when talking				3	2	1
48.	There is nothing more	e frightening than change		4	3	2	1
49.	Nobody tells me what to do and if they try I will respond with intimidation, threats, or I might even get physically aggressive			4	3	2	1
50.	When I commit a crime or act irresponsibly I will perform a "good deed" or do something nice for someone as a way of making up for the harm I have caused			4	3	2	1
51.	I have difficulty critically evaluating my thoughts, ideas, and plans			4	3	2	1
52.	Nobody before or after can do it better than me because I am stronger, smarter, or slicker than most people			4	3	2	1
53.	I have rationalized my irresponsible actions with such statements as "everybody else is doing it so why shouldn't I"			4	3	2	1
54.	If challenged I will sometimes go along by saying "yeah, you're right," even when I know the other person is wrong, because it's easier than arguing with them about it			4	3	2	1

2	4 = Strongly Agree 3 = Agree 2 = Uncertain			1 = Disagree			
55.	Fear of change has n	successful in life	4	3	2	1	
56.	The way I look at it I'm not really a criminal because I never intended to hurt anyone			4	3	2	1
57.	I still find myself sayir	ng "the hell with working a re	gular job, I'll just take it"	4	3	2	1
58.	I sometimes wish I co	ould take back certain things	I have said or done	4	3	2	1
59.	Looking back over r consistency of purpos	ny life I can see now that se	I lacked direction and	4	3	2	1
60.	Strange odors, for w apparent reason	hich there is no explanatio	on, come to me for no	4	3	2	1
61.	When on the streets I believed I could use drugs and avoid the negative consequences (addiction, compulsive use) that I observed in others				3	2	1
62.	I tend to be rather ea	sily sidetracked so that I rare	ly finish what I start	4	3	2	1
63.	If there is a short-cut	or easy way around somethi	ng I will find it	4	3	2	1
64.	I have trouble control	ling my angry feelings		4	3	2	1
65.	I believe that I am a special person and that my situation deserves special consideration				3	2	1
66.	There is nothing wors	e than being seen as weak	or helpless	4	3	2	1
67.	I view the positive things I have done for others as making up for the negative things				3	2	1
68.	Even when I set goals I frequently do not obtain them because I am distracted by events going on around me				3	2	1
69.	There have been times when I tried to change but was prevented from doing so because of fear				3	2	1
70.	When frustrated I will throw rational thought to the wind with such statements as "screw it" or "the hell with it"				3	2	1
71.	I have told myself that I would never have had to engage in crime if I had had a good job			4	3	2	1
72.	I can see that my life would be more satisfying if I could learn to make better decisions			4	3	2	1
73.	There have been times when I have felt entitled to break the law in order to pay for a vacation, new car, or expensive clothing that I told myself I needed			4	3	2	1
74.	I rarely considered th community	ne consequences of my acti	ions when I was in the	4	3	2	1

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r							
75.	A significant portion of my life on the streets was spent trying to control people and situation			4	3	2	1
76.	. When I first began breaking the law I was very cautious, but as time went by and I didn't get caught I became overconfident and convinced myself that I could do just about anything and get away with it			4	3	2	1
77.	As I look back on it now, I was a pretty good guy even though I was involved in crime			4	3	2	1
78.	There have been times when I have made plans to do something with my family and then cancelled these plans so that I could hang out with my friends, use drugs, or commit crimes			4	3	2	1
79.	I tend to push problems to the side rather than dealing with them			4	3	2	1
80.	I have used good behavior (abstaining from crime for a period of time) or various situations (fight with a spouse) to give myself permission to commit a crime or engage in other irresponsible activities such as using drugs			4	3	2	1